

DRUG FREE SCHOOLS & COMMUNITY ACT

BIENNIAL REVIEW

JUNE 2018 - JUNE 2020

Drug Free Schools and Community Act
Biennial Review 2018-2020

The Biennial Review is required by The Drug Free Schools and Communities Act (DFSCA) to certify that institutions of higher education have implemented programs to prevent the abuse of alcohol or use of illicit drugs on their campus. Saint Joseph's University recognizes its responsibility to not only conduct and complete a review but also report findings and utilize the results to improve the work executed for our campus community.

Saint Joseph's University has conducted an evaluation of its Drug Free Schools Program as required by federal law to:

- 1) Determine its effectiveness and implement changes to the program (if necessary).
- 2) Ensure that the disciplinary sanctions are consistently enforced.

This Biennial Review includes the following:

I.	Standards of Conduct	Page 3
II.	Policy, Enforcement, and Sanctioning.....	Page 8
III.	Evaluation of Program.....	Page 9
IV.	Targeted Approaches.....	Page 11
V.	Alternative Programming.....	Page 22
VI.	Environmental Off Campus Approaches....	Page 23
VII.	Support Services.....	Page 24
VIII.	Assessment and Evaluation.....	Page 25
IX.	Goals and Accomplishments.....	Page 26
X.	Strengths and Weaknesses.....	Page 28
XI.	Recommendations.....	Page 30
XII.	Conclusion.....	Page 30

This review covers the period from June 1, 2018 through May 31, 2020.

Standards of Conduct

Saint Joseph's University by virtue of its mission, educates and cares for the whole person. As such, the University recognizes that, given the significant alcohol-related problems in society, serious efforts must be made to educate students so that they can make responsible choices.

The Student Handbook details information with respect to Standards of Conduct and specifies the Policy on Alcohol, the Policy on Drugs and Guidelines for Alcohol Beverage Distribution and Consumption. Below is the link to the 2019-2020 Student Handbook: <https://sites.sju.edu/communitystandards/student-handbook/>

Alcohol Policy

Saint Joseph's policy on the use of alcohol combines observance of state law, protection of the overall community and reduction of high-risk behavior by students. Consistent with our Catholic, Jesuit mission, the alcohol policy is guided by the care and concern for the individual person and the welfare of other students. It should be understood that the University in no way is a co-sponsor to off campus alcoholic events unless it has specifically stated this prior to the event.

To reflect its commitment to alcohol awareness, the University calls upon key individuals and departments to educate the University community on the dangers of alcohol abuse and to enforce policies on alcohol use:

-The Office of Student Outreach & Support coordinates alcohol education and programming as well as annual Alcohol Awareness events, and assists students with issues concerning alcohol usage.

-Members of the Division of Student Life and The Office of Public Safety and Security assist in implementing and enforcing the policy.

-The Advisory Council on Alcohol, Drug & Student Health assists the Vice President for Student Life/Associate Provost by making recommendations concerning policy.

The following two paragraphs constitute the official Alcohol Policy as approved by University Council (May 12, 1987) and the President:

In compliance with the laws of the Commonwealth of Pennsylvania, no person under twenty-one years of age shall attempt or carry out the purchase, possession, consumption or transport of alcoholic beverages on University property or at any event sponsored by the University. No student or employee of the University shall attempt or carry out the transfer of any form of identification for the purpose of falsifying age in

order to secure alcohol. No student or employee of the University shall give permission or render assistance in the sale, furnishing, or providing of alcohol to any person under twenty-one years of age.

Only under the conditions clearly stipulated in the University guidelines is the possession or consumption of alcoholic beverages by students twenty-one years of age and older permitted. This conditioned permission should not be interpreted to mean that the University encourages the use of alcoholic beverages. Furthermore, the University considers intoxication, disorderliness or offensive behavior deriving from the use of alcoholic beverages, regardless of a person's age, to be unacceptable and subject to disciplinary action.

Examples of alcohol violations include, but are not limited to:

- Underage possession and/or consumption of alcohol;
- Knowingly furnishing, transporting, and/or allowing minors to consume alcohol;
- Use of alcohol resulting in involuntary, erratic and/or abusive behavior;
- Unauthorized possession of a keg/beer ball;
- Involvement in the high risk use of alcohol;
- Exceptional number of persons observed in a residence on campus or off campus when an open container of alcohol is present;
- Open container of alcohol in a public area.

Students are expected to immediately report conduct or activity which poses a danger to the community or its members.

Help Seeker Policy

All students are expected to seek appropriate assistance for themselves or others in situations where help is needed to ensure proper care of a person who is significantly intoxicated or under the influence of drugs. Students should not hesitate to seek help because of fear of disciplinary action.

In most circumstances, the help seeker and the student in need will not be charged with a policy violation under the University Community Standards system. Although students may be required to meet with a University official regarding the incident, Saint Joseph's University will support and encourage this behavior by treating it as a health and safety

matter, not as a disciplinary incident. In rare circumstances, such as cases of repeated, flagrant, or serious violations of the Community Standards (e.g., bodily harm, sexual misconduct, physical or verbal abuse or harassment, distribution of drugs, hazing, theft) or violations that caused the harm to another person requiring emergency response, a student's behavior may be considered more than a health and safety matter.

Pennsylvania Liquor Control Board

In addition to violations of University Policies, there are state and local laws, including, but not limited to, Title 18 (Pennsylvania Crimes Code) and Title 75 (the Pennsylvania Vehicle Code) that impose significant criminal penalties if violated:

Title 18: Note, in particular, Sections 5505 (Public Drunkenness); 6307 (Misrepresentation of Age to Purchase Liquor or Malt Brewed Beverages (Beer)); 6308 (Purchase, Consumption, Possession or Transportation of Liquor or Malt or Brewed Beverage by A Minor); 6310.1 (Selling or Furnishing Liquor or Malt or Brewed Beverages to Minors); 6310.7 (Selling or Furnishing Non-Alcoholic Beverages to Persons Under 21); 6310.2 (Manufacture or Sale of False Identification Card); 6310.3 (Carrying a False ID); and, 3809 (Restriction on Alcoholic Beverages (Open Container)).

Title 75: Note, in particular, Sections 3718 (Minor Prohibited from Operating with Any Alcohol in System); 3802 (Driving Under the Influence of Alcohol or Controlled Substance); 3802(a) (General Impairment); 3802(b) (High Rate of Alcohol); 3802(c) (Highest Rate of Alcohol); 3802(d) (Controlled Substances); 3802 (e) (Minors); 3802(f) (Commercial or School Vehicles); 3735 (Homicide by Vehicle While Driving under the Influence); and, 3735.1 (Aggravated Assault by Vehicle while Driving under the Influence). Pennsylvania Liquor Laws: <http://www.lcb.state.pa.us/>

Drug Policy

Saint Joseph's University encourages and sustains an academic environment conducive to learning and promotes the health, safety, and welfare of all members of its community. In accordance with the Drug Free Schools and Communities Act Amendments of 1989 and as a Catholic, Jesuit institution, this policy reinforces the University's commitment to maintaining an environment that is dedicated to the physical, emotional, spiritual and psychological development of all persons.

To reflect its commitment to drug awareness, the University calls upon key individuals and departments to educate the University community on the dangers of drug use and to enforce policies on drug use:

-The Office of Student Outreach & Support coordinates alcohol and drug education and programming as well as annual Alcohol and Drug Awareness events, and assists students with issues concerning drug usage.

-Members of the Division of Student Life and The Office of Public Safety and Security assist in implementing and enforcing the policy.

-The Advisory Council on Alcohol, Drugs and Student Health assists the Vice President for Student Life/Associate Provost by making recommendations concerning policy.

The use, possession, or distribution of illegal narcotics or other controlled substances except as expressly permitted by federal, state and/or local law, as well as the misuse of prescription drugs is prohibited and shall be referred to the Community Standards process. Drug paraphernalia may indicate illegal drug use, and possession may result in disciplinary action.

Use or possession of marijuana, including medical marijuana is strictly prohibited on campus. Any such use or possession is a violation of the Community Standards.

Examples of drug violations include, but are not limited to:

- Illegal or improper use, possession, cultivation, distribution, manufacture, or sale of any drug(s), including prescribed medications;
- Illegal or improper use of solvents, aerosols, or propellants;
- Administration or employment of drugs or intoxicants causing another person to become impaired without their knowledge.

Students are expected to immediately report conduct or activity which poses a danger to the community or its members. For example, all students are expected to seek appropriate assistance for themselves or others in situations where help is needed to ensure proper care of a person who is significantly intoxicated or under the influence of drugs. Students should not hesitate to seek help because of fear of disciplinary action.

The welfare of each person in the Saint Joseph's University community is paramount, and SJU encourages students to act as bystanders and offer help and assistance to others in need. Because the University understands that fear of disciplinary action may deter requests for emergency assistance, this statement was created to alleviate such concerns and reduce hesitation by SJU students to seek help. Students are expected to immediately report conduct or activity which poses a danger to the community or its members. For example, all students are expected to seek appropriate assistance for themselves or others in situations where help is needed to ensure proper care of a person who is significantly intoxicated or under the influence of drugs. Students should not hesitate to seek help because of fear of disciplinary action.

In most circumstances, the help seeker and the student in need will not be charged with a policy violation through the University's Community Standards process. In good faith

reports regarding sexual harassment, hazing, or retaliation of the aforementioned, witness(es) and complainant(s)/victim(s) will not be charged with policy violations through the University's Community Standards process for personal use of alcohol or drugs which are disclosed in the report.

Although students may be required to meet with a University official regarding the incident, Saint Joseph's University will support and encourage this behavior by treating it as a health and safety matter, not as a disciplinary incident. In rare circumstances, such as cases of repeated, flagrant, or serious violations of the Community Standards (e.g., bodily harm, sexual misconduct, physical or verbal abuse or harassment, distribution of drugs, hazing, theft) or violations that caused the harm to another person requiring emergency response, conduct may be considered more than a health and safety matter.

One way that the Help Seeker policy is introduced and reviewed with students is prior to their first semester at SJU. All Incoming first year and transfer students are required to acknowledge that they have read and reviewed the Help Seeker Policy when completing their alcohol education modules via EverFi Inc. The policy is included for review in this on-line course. Information on the Help Seeker Policy is also reinforced during all student group Alcohol and Drug related educational presentations facilitated by the Office of Student Outreach and Support, including but not limited to sessions for Athletes, First Year Students, Greek Life, students mandated through the community standards process, and classroom presentations.

The Saint Joseph's University [Alcohol Policy](#) and [Drug Policy](#), can be found online on the Human Resources website and is in compliance with the Drug Free Schools and Communities Regulations, includes the following:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on University property, or as part of any University sponsored activity
- A description of the legal sanctions for the unlawful use, possession or sale of illicit drugs and alcohol available under local, state and federal law
- A clear statement of the disciplinary sanctions that will be imposed on students and employees for violation of the policy and a description of those sanctions
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol
- A description of applicable counseling, treatment, referral, and Employee Assistance program

The University policy on alcohol and the University policy on drugs are available on the Human Resources website under *Employment Policies*: (<https://sites.sju.edu/humanresources/policies-and-handbooks/>). New employees no longer receive a paper copy of the policy, effective March 2016. All new faculty/staff review the policy in person during their orientation and are shown where the policies are

located online should they want to review in more detail. All faculty, staff and students are annually notified of the policy via an email with a link to the policy online. This comes out via email from Arthur Grover, the Director of Public Safety with the Annual Security Report and Annual Fire Safety Reports.

The University policy on alcohol and the University policy on drugs are included in the Student Handbook and all students are e-mailed a link to the website to view the Student Handbook at the beginning of every fall and spring semester by the Director of Community Standards.

All handbooks are available online in numerous locations; a link to the Faculty/Staff policy is posted on the Human Resources website and on The Nest, the university portal used to access university email accounts and other pertinent information. A link to the Student policy is posted on the Community Standards website in the Student Handbook.

Policy, Enforcement and Sanctioning

All professional and paraprofessional staff members involved in policy enforcement and sanctioning are trained to ensure the policy and disciplinary sanctions are enforced consistently.

- 1) Policy: The most recently revised alcohol policy was implemented in 2008. In June 2013, the Drug Policy was reviewed and revised to create an Interim Policy. This Interim Policy was reviewed by the Advisory Council on Alcohol, Drugs, and Student Health during the 2016-2017 Academic Year. New Guidelines to Events with Alcohol were developed and implemented in 2018.
- 2) Enforcement: Residential Area Managers who are full-time degreed professionals, live and work in the residence halls and function as judicial hearing officers. One Residential Area Manager and one Senior Staff member (Associate/Assistant Directors of Residence Life Assistant Director and Director of Community Standards) are always on call. Resident Assistants are trained paraprofessionals that live among students in the Residence Halls and serve as advisors, guides and policy enforcers.

Contracted Desk Attendants check-in all students and visitors to the residence halls, as well as perform random bag checks. Their primary concern is the safety of the students and the enforcement of University policies. The University hires a Philadelphia Police Detail and a contracted Security Company of Bike Patrol Officers to monitor the area around campus every day that school is in session. The office of Public Safety monitors security cameras and lighting throughout campus, as well as the "Emergency Blue Light Call Boxes" that connect directly to the 24 hour Operations Center at Public Safety Headquarters.

- 3) Sanctioning Process: A student who is alleged to have engaged in an alcohol or drug violation receives communication of the alleged violation and is scheduled for a meeting with an Administrative Hearing Officer or Hearing Board, as outlined in the Student Handbook. All Administrative Hearing Officers receive annual training where adjudication of the alcohol and drug policies are reviewed to help ensure consistent enforcement. The Office of Community Standards also holds weekly meetings where policy violations can be evaluated and addressed to further assist in determining consistent enforcement.

In an effort to assess the sanctioning process, the Advisory Council reviews and compiles data related to high risk alcohol consumption trends. This document includes data from national and institutional surveys such as the Cooperative Institutional Research Program (CIRP), the American College Health Association - National College Health Assessment (ACHA/NCHA) and the E-Check Up To Go results to determine alcohol use, binge drinking rates, drinking games, environmental factors, negative consequences, protective factors and educational sanctions. The Advisory Council will continue to review these various data collection methods and will include review of equity within the sanctioning process.

Violations of Policy	AY 2018-2019 (June 1, 2018-May 31, 2019)	AY 2019-2020 (June 1, 2019-May 31, 2020)
On Campus Alcohol Violations	156	178
On Campus Drug Violations	32	31
On Campus Drug and Alcohol-Related Fatalities	0	0
Total (On Campus, Off Campus, Public Property) Alcohol Violations	213	202
Total (On Campus, Off Campus, Public Property) Drug Violations	32	33

Evaluation of Program

The following documentation includes the educational curriculum used at Saint Joseph’s University during the 2018-2020 terms and showcases the effectiveness of each component. This curriculum includes targeted and environmental approaches, alternative programming and support services. Goals and accomplishments are shared along with the compiled strengths and weaknesses of SJU’s efforts and recommendations for the future. This review itself has helped our community evaluate the efforts of the program.

To reflect its commitment to alcohol and other drug awareness, the University calls upon key departments to educate the community on the dangers of substance abuse and to enforce University policies related to alcohol and other drugs (AOD).

- *The Office of Student Outreach & Support* provides educational events and programs for the campus community. Additionally, the department provides individual assessments utilizing Brief Alcohol Screening and Intervention of College Students (BASICS) model, small group assessments and refers students to on-campus services, including counseling or off-campus services, as needed. The program is a resource to the campus community including faculty, staff, students and parents. The Office of Student Outreach and Support advises student organizations and a coalition of student organizations as well. The Wellness Educators are student leaders trained to deliver alcohol and drug educational workshops and plan events for their peers. The Flock: Allies of Recovery includes those in recovery or those impacted by substance use disorder of a loved one. Similar to the Wellness Educators, they raise awareness on campus through outreach, events and social opportunities.
- *The Office of Public Safety and Security* assists in implementing and enforcing the alcohol and drug policies and monitors individuals entering residence halls through contracted desk attendants in residence hall lobbies.
- *The Office of Community Standards* consistently enforces the University Code of Conduct for violations of the alcohol and drug policies with a focus on educational sanctions. Program planning and collaboration on educational events also takes place throughout the year.
- *The Office of Residence Life* promotes health and wellness throughout the halls in numerous ways. The department invites the Office of Student Outreach and Support staff into their Resident Assistant (RA) Training each year to educate the staff on alcohol and other drug (AOD) issues including signs of intoxication, overdose and substance use disorder. RAs are on duty each night and conduct rounds of the building to enforce policy and address behavioral concerns as needed. A professional staff member is also on duty every evening for RAs to consult and to assist in addressing any substance related concerns after hours. These professional staff members also adjudicate policy violations within their respective areas. The Office of Residence Life also collaborates with the Office of Student Outreach and Support and others to educate resident students about AOD issues through inviting Student Outreach and Support staff or student leaders to facilitate workshops about the impact of alcohol on our bodies, our academics, our relationships, and our community.
- *Student Health Center* advocates for health and wellness for all students and works collaboratively with the Office of Student Outreach and Support and others to raise awareness about AOD issues and educate students about healthy options as well as refer to additional services as needed.
- *Counseling and Psychological Services (CAPS)* provides services for students who are struggling with AOD issues personally or in their families in the form of

individual counseling and/or referral. An Alcohol and Other Drug Therapist and Clinical Advisor to the Collegiate Recovery Program position will be hired for the upcoming 2020-2021 academic year.

- *The Department of Athletics* is committed to providing student-athletes with education and training in Title IX, and Alcohol, Drug and Wellness. Toward that end, in the fall semester student-athletes are required to attend a one-hour session hosted by the Office of Student Outreach and Support to discuss AOD issues and bystander intervention and encouraged to attend events or classes to enhance their education around AOD topic.
- *Center for International Programs* has a mission to educate and prepare those students studying abroad either for a short class study tour or for an entire semester by providing students with information about strategies to reduce risk while abroad, emergency response procedures and resources to help them have a successful and safe international experience.
- *Student Leadership and Activities*, similar to Athletics, provides time for AOD education at Orientation and for all Greek Life organizations on an annual basis.
- *The Center for Inclusion and Diversity* collaborates with other departments to plan and implement awareness and educational events for the student body related to identity, culture, and belonging. Additionally; staff members have joined programming committees and collaborated on bringing AOD education to the campus community.
- *Faculty Members* at SJU are often great collaborators bringing AOD education to students in the classroom. This happens through inviting AOD experts to speak to the class, collaborating on class projects focused on AOD information and promoting campus wide events to students.
- *Career Development Center* staff, in conjunction with the Office of Student Outreach and Support staff, has helped to facilitate workshops for students focused on the impact of AOD on their careers. Additionally; staff members have joined programming committees and collaborated on bringing AOD education to the campus community.
- *SJU Advisory Council on Alcohol, Drugs and Student Health* evaluates the University-wide prevention efforts and assists the Vice President for Student Life/ Associate Provost by making recommendations concerning programming, assessment and other issues or trends. This Advisory Council is made up of roughly 25 faculty, staff and student members that cross divisions and disciplines.

Targeted Approaches

The Office of Student Outreach and Support has an educational curriculum to ensure all students are learning in developmentally appropriate ways and in a timely fashion. Using SAMHSA's Strategic Prevention Framework as a guide, the office utilizes known

evidence based practices for prevention, focusing on prevention at the primary, secondary and tertiary levels. Numerous methods for prevention education are implemented each year for the entire campus, there are also specific prevention techniques tailored to meet the needs of students based on class standing or their group affiliation. Various stakeholders are also utilized in collaborative ways to best reach all students at Saint Joseph's University.

CLASS STANDING

Each class is given a series of opportunities to learn about alcohol and other drugs (AOD) in a format that ideally fits their developmental needs.

First Year Students: During the 2018-2020 review period, 53% of alcohol related transports to the emergency room were first year students. Consistent with national data, first year students are at high risk for alcohol and drug use and abuse due to transitional issues, experimentation and developmental level. The Office of Student Outreach and Support strives to offer a well-rounded approach that includes harm-reduction education, opportunities for non-drinkers and support for students in recovery from substance use disorder. This includes developing their knowledge around policies and procedures that will impact their daily life and the resources that are available at the University.

- 1) Orientation: During Summer Orientation in 2019, the Office of Student Outreach and Support coordinates a presentation for all incoming students about bystander intervention titled, "Culture of Care". This presentation focuses on how to intervene when you are concerned for your fellow student. Scenarios and videos shown include alcohol and drug issues with time for reflection. This presentation is facilitated by a group of faculty and administrators trained by the Office of Student Outreach and Support. As a result of the Coronavirus pandemic, Summer Orientation in 2020 was facilitated virtually. Similarly, to the "Culture of Care" presentation, this session focused on how to intervene with students of concern and scenarios including alcohol and drug issues.
- 2) Online Course: Prior to the first semester attended, new students are required to complete an online course that focuses on alcohol, other drugs, sexual violence prevention/healthy relationships and bystander intervention. This course provides students with education on these important topics, as well as providing SJU with data on student perceptions and behavior around alcohol, drugs, and related topics. The Class of 2022 completed a course called *Think About It*. Due to a merger between *Think About It* and *EverFi Inc.*, the Class of 2023 completed the course *AlcoholEDU for College*, which is comparable in focus content to the previous course. One difference, however, between the two courses is that the *Think About It* course included a "part II" and "part III", as represented in the chart below. All new students are required to complete the on-line alcohol education course, prior to their first semester. To ensure completion of this early form of prevention education, a registration hold is

placed on the student account of any student who does not complete the course. We believe that the consequence of receiving a registration hold contributed to the high completion rates in August of each year.

Class of 2023 (Alcohol EDU for College)	August 2019
	Completion Rate: 97% (1198)

Class of 2022 (Think About IT)	August 2018	December 2018	April 2019
	Completion Rate: 100% (1247)	Completion Rate: 73% (912)	Completion Rate: 46% (572)

- 3) Online Prescription Drug Course: In an ongoing effort to further educate students about substance use, beginning in the summer of 2019, all incoming first year and transfer students were expected to complete Everfi's Higher Education Prescription Drug Abuse Prevention online course. This course provides knowledge, skills and tools to help students make healthy, informed decisions about prescription medications. The course also provides students with knowledge of the SJU Drug Policy as well as resources for support with substance use related concerns, including options for support for those in recovery from substance use disorder. Through this course, 40 students also expressed an interest in receiving additional information on substance use and recovery support.

Class of 2023 (Prescription Drug Abuse Prevention)	August 2019
	Completion Rate: 93% (1140)

- 4) Living on Campus: Working with Residence Life, the Office of Student Outreach and Support trains RAs to discuss alcohol and drug issues throughout the year including during the first floor meeting which all first year students in the residence halls must attend. The Office of Student Outreach and Support conducts a training each fall with all RAs to discuss personal responsibility as well as how to talk with their residents about alcohol and other drug issues. Focusing on how to spot the signs of abuse, overdose and substance use disorder, RAs are given the skills needed to mentor their residents. Throughout the year, RAs are also given access to The Office of Student Outreach and Support for questions, consultations, and other resources such as bulletin boards. The Office of Student Outreach and Support provides RAs with educational and interactive bulletin boards on topics related to alcohol, drugs and wellness education, which can be printed and posted at any time.

International Students: Differing cultural norms can create a barrier to understanding the resources available on campus for our international student population. A presentation with an overview of wellness, alcohol and other drugs in America is given to incoming international students. The Office of Student Outreach and Support presented to 25 International students in August 2018, and 47 international students in August 2019.

Upperclassmen: Second year students are still dealing with numerous transitional issues and are also focusing on where they fit in at the University. This cohort is known for preparing to study abroad as well as getting more involved in organizations that will impact their development.

Juniors and seniors are known for their pursuit of a meaningful career while determining their lifelong goals. Many find internships or opportunities that impact their professional development during this stage. Many students are also legally allowed to consume alcohol during these years, as they turn 21, and need to learn appropriate behaviors for establishments that serve alcohol, responsible drinking methods and hosting responsibilities. A high number of upperclass students are affiliated with the high-risk populations and groups, further explored in Section II below, and receive additional AOD related education in this capacity. In addition, upperclass students who have been found responsible for violating the alcohol policy are often required to complete the AlcoholEDU for Sanctions on-line training module or attend the Community Living sanctioned workshop.

1. Presentation: Alcohol Abroad: This presentation focuses on cultural and safety issues when abroad and is a requirement for those students traveling for semester long trips as well as short class immersion trips. Although students are not permitted to drink alcohol while on a study tour or study abroad program, education about culture and emergency response is important. In 2018-2019, an educational video was shown prior to leaving for study abroad and was shown to 333 students. 2019-2020 posed a unique situation due to the University offering all services virtual due to the COVID19 pandemic. During the Spring semester 2020, 1 virtual presentation was completed and reached 14 students.
2. Sanctioned Workshop: Community Living: This one-hour workshop is designed for students who are found responsible for hosting an off-campus party with alcohol. Through discussion and scenarios, options for responsible community living are discussed including hosting tips, policies, and laws.

II. HIGH RISK GROUPS

There are numerous high-risk populations at SJU and the Office of Student Outreach and Support focuses its outreach to all of them in specific ways.

Greek Life: Nationally, Greek Life organizations are designated as high risk cohorts due to the possibility of groupthink mentality, party atmosphere and possibility of hazing.

- 1) Greek Life Presentations – During each spring semester, all Greek Life organizations are required to attend a presentation with a Student Outreach and Support staff member. Group motivational interviewing techniques are utilized, along with personalized feedback to address alcohol and other drug behavior and norms. Special attention is also given to bystander intervention strategies and how to help a friend who may be experiencing a Substance Use Disorder. Every other year, they are required to complete the Electronic Check Up to Go (EChug) survey. A large number of new members went through informal recruitment in Fall 2019, so a shorter alcohol education presentation for new members was given. The Spring 2020 presentations were based on the values of Saint Joseph’s University and their respective organizations and how those values integrate with substance use and bystander intervention. In Spring 2020, all Greek Life organizations received in person training except Alpha Phi, which was scheduled after the University transitioned to an all virtual format. Alpha Phi members completed the AlcoholEDU for Sanctions online module.

Greek Life	Spring 2019	Spring 2020
Total Attendance at in-person Session	739	728
Total Completion of Online Survey	N/A	647 (71% completion rate)

Within this survey, an Alcohol Use Disorders Identification Test (AUDIT) score is given to each individual. The AUDIT is a 10-item screening tool developed by the World Health Organization (WHO) to assess alcohol consumption, drinking behaviors, and alcohol-related problems. Since 2016, the average AUDIT score for all students in Greek Life has decreased, which showcases a decline in risky drinking behaviors.

AUDIT SCORE	Spring 2016	Spring 2018	Spring 2020
<i>All Greek Average</i>	9.56	9.2	8.09

Varsity Athletes: Athletic organizations, much like Greek Life, have an increased risk of alcohol and drug issues. Many athletes are health conscious but do not associate the effects of alcohol with athletic performance. Due to the competitive nature of their sport, many also are competitive drinkers and play drinking games. When an athlete’s sport is in season, they might abstain from drinking before the game and drink to extremes after to celebrate or “make up for” the loss of a party night from the night

before. Also, depending on the sport, the body's weight, muscle tone and metabolism might change and impact their ability to drink.

- 1) IMPACT: Athletes, AOD and Athletic Performance: During the fall semester, all athletic teams are required to attend a presentation with a WADE staff member on alcohol issues and other drug issues that specifically relate to athletes including bystander intervention. Group motivational interviewing techniques are utilized, along with personalized feedback, to address alcohol and other drug behaviors and norms. Every other year, they are additionally required to complete the Electronic Check-Up to Go (EChug) survey.

Student-Athletes	Fall 2018	Fall 2019
Total Attendance at in-person Session	468	319
Total Completion of Online Survey	452 (97%)	N/A

- 2) Drug Testing: Since 2010, all athletes undergo random drug testing by the Athletics department. Upon a positive drug test, the student will be sent to the Office of Student Outreach and Support to receive a brief two session required assessment. In 2018-2019, 126 student athletes were tested and 12 tested positive. In 2019-2020, 90 student athletes were tested and 13 tested positive. All positive drug tests were for marijuana.

Rules and sanctions related to drug testing policy (in addition to the NCAA drug testing policy) can be found online on the [Athletic Department Compliance](#) webpage.

(http://www.sjuhawks.com/ViewArticle.dbml?DB_OEM_ID=31200&ATCLID=208885201)

Club Athletes: Club athletes have many of the same stressors as varsity athletes and need to balance classes, practice, tournaments and travel all without full-time coaches supervising their group activities. Often, club athletes have added pressures of booking their own tournaments and buses and figuring out their own game schedules. In review over the past few years of students seen by the Office of Student Outreach and Support for required meetings, club athletes are the second most often seen affiliated group, after Greek Life.

- 1) Drug and supplement education presentation - In February, 2019 the Office of Student Outreach and support presented on drugs, supplements and nutrition for the club sport leaders to address a desire for additional education on these topics by club sport athletes and staff.

Sanctioned Students: Students who are sanctioned to participate in an Office of Student Outreach and Support program through the Community Standards process have been identified as needing extra education around the topic of alcohol and/or other drugs as a result of a violation or potential violation of University Policy. The Office of Student Outreach and Support offers numerous educational sanctions in order to reach students in a developmental way. All four of the items listed below are open to anyone on campus but are most often utilized as a sanction by students who violate policy.

Individual Number of Participants	Impact Class	Community Living Class	Influence Class	1:1 BASICS Meeting	Think About It/ AlcoholEDU for Sanctions Online Courses
2018-2019	28	39	16	61	4
2019-2020	35	15	13	57	16

- 1) Individual Brief Assessments using BASICS model: These assessments are typically completed in two individual sessions between a student and an Office of Student Outreach and Support staff member. Brief Alcohol Screening and Intervention for College Students (BASICS) is a nationally recognized, research-based intervention and is included in the NIAAA Tier 1 strategies. Specific strategies within it include developing cognitive-behavioral skills, utilizing motivational enhancement and challenging alcohol expectancies. In meetings where BASICS is utilized, the student is given bio-social-feedback and psycho-education around alcohol and/or other drug use and abuse. Many times the E-check Up To Go assessment is used to help facilitate a discussion around the importance of and confidence in making changes around substance use. Journaling and self-monitoring can also be used.
- 2) IMPACT: This one-hour workshop is designed for low level alcohol offenders and goes over the impact alcohol has on our bodies, our relationships, our community, and our future. The interactive and highly reflective course teaches the basics about alcohol but also allows students to pause and think about their actions and the consequences of those actions on self and others.
- 3) Community Living: This one-hour workshop is designed for upperclass students who are found responsible for hosting an off-campus party with alcohol. Through discussion and scenarios, options for responsible community living are discussed including hosting tips, policies, and laws.
- 4) Influence: This one-hour course was created in 2016-2017 as an additional educational option for students found in violation of the drug policy for marijuana related issues. The course began being offered in 2017-2018. Participants in

this course will learn about the legal, health, and safety related risks associated with marijuana use and the influence that peers/community can have on decisions around marijuana use. Law and policy will be reviewed and the warning signs of a problem and resources for support will be discussed. The Office of Student Outreach and Support recognizes that group psychoeducation is most effective with three or more participants. During the 2018-2020 review cycle, the Influence course was sanctioned at very low rates. Therefore, the course meetings were often cancelled for low registration numbers, and students received individual psychoeducation via 1 on 1 meetings with a staff member. The course will remain a group psychoeducational option.

- 5) Think About It/Alcohol EDU for Sanctions Online Course - All incoming first year and transfer students complete the Alcohol EDU (formerly Think About It) online education courses during their Orientation. A continuing education module is available that focuses on addressing policy violations and reviews harm reduction strategies and alcohol education.

Students in Recovery: This group is at a higher risk on campus due to the recovery-hostile environment that makes up most college campuses. Due to the possibility of relapse when transitioning to a new environment with a culture of alcohol and drug use, this group of students is given additional support, education, and opportunities to socially connect with each other.

- 1) On-Campus Mutual Aid Meetings: SJU hosts two weekly 12-step meetings on campus. A meeting of Narcotics Anonymous (NA) takes place weekly on Wednesday evenings. Similarly, a meeting of Alcoholics Anonymous takes place each week on Friday evenings. In Spring 2019, a SMART Recovery meeting was held each week, and lead by an SJU graduate student in recovery. However, attendance was low and the meeting was discontinued in May, 2019.
- 2) Recovery at the Ball Park: In September of 2018, 2 members of The Flock student organization attended a social opportunity at Citizen's Bank Park.
- 3) Recovery Speak Out: In April, 2019, members of the SJU and surrounding community shared their stories of recovery and connection opportunities. 30 students attended.
- 4) "On-Camera and Off" Book Discussion with Author Lisa Thomas-Laury: In April, 2019, the longtime Philadelphia ABC news anchor shared her story of addiction and recovery with students and the SJU community. The event was co-hosted by the Flock: Allies of Recovery and the SJU Office of Veteran Services. 30 students attended the event.
- 5) American Fix with Ryan Hampton - author of American Fix: Inside the Opioid Crisis and How to End It: This event, in February, 2019 included a panel discussion and book signing with the author. Panelists included the author, a local Addiction Specialist and an SJU student in recovery and member of the Flock.

- 6) Bi-Monthly E-Newsletter: Students who have opted to receive this newsletter, receive information on local 12 step meetings, substance free events and recovery events on campus and in the community and inspirational readings. The newsletter began in fall 2014. In the summer 2018, there were 208 subscribers to this email newsletter. The newsletter transitioned to the form of informational emails in the Fall 2019, with 72 students receiving regular recovery related communications. These 72 students indicated via educational courses that they were interested in receiving information on recovery support.
- 7) ARHE Membership: SJU became an institutional member of the Association of Recovery schools in Higher Education in December 2016. To become a member, a school must offer certain resources for students in recovery and pay a membership fee. SJU has remained a member since this time, which has allowed for additional educational opportunities, such as collegiate recovery webinars, networking, and related resources.
- 8) Mindfulness and Yoga for Recovery: Yoga provides coping skills and techniques for students dealing with the high levels of stress often experienced in recovery. In 2018 there were several Yoga sessions offered on campus, including: Yoga and the Examen (50 people), Yoga for Community (31 people), Yoga for Mental Health (23 people). In 2019 the following sessions were offered: Yoga and the Examen was offered twice (11 people), Yoga for Recovery (19 people) and Finals Week Yoga (31 people).

Campus Wide: Almost every student on campus will come in contact with alcohol at some point and will need to make the decision whether or not to drink. Everyone needs to be educated about the impacts of alcohol and other drugs and learn how to make responsible choices. The Office of Student Outreach and Support uses a variety of platforms to reach all students where they live, work and socialize. All of the resources listed for specific individuals and/or groups are also open to the entire campus.

1. Informational Tables and Balloon Drop Initiatives: The Office of Student Outreach and Support provides information through tabling in Campion and other high traffic areas. An example from Spring 2020 was the annual "Love Your Body" Fair which focused on the Jesuit value of cura personalis, or care for the whole person and had representatives from Unity Recovery, a community partner. In addition, the office creates educational information which are tied to balloons and left in the cafeteria to raise awareness. A variety of topics that impact students can be utilized during these passive programs – one example from Spring 2019 was Black Balloon Day which is a day to raise awareness of overdose deaths in our community.
2. Website: The Office of Student Outreach and Support website (www.sju.edu/sos) is consistently updated to provide information on alcohol and drug issues and resources in the area.
3. Social Media: The Office of Student Outreach and Support has consolidated the social media accounts to one Instagram account (@sju_sos). This account is

used to promote community resources, advertise events and share educational information with students.

4. Allies of Recovery Training: This 2-hour training was developed in 2016 as certification training for individuals who want to better advocate for and support friends or loved ones in recovery. In 2018-2019, 3 trainings were held certifying 23 SJU community members. In 2019-2020, one virtual training was held with 15 attendees.
5. Alcohol Online Assessments: The Electronic Check-Up to Go for Alcohol (E-Chug) is a quick online assessment tool that surveys students about their use and perception of alcohol and marijuana respectively then provides them with instant personalized feedback about their responses. Information includes their frequency and quantity of use, personal risk factors and comparison information to other students nationally and at Saint Joseph's University. This is what is used as homework during the BASICS 1:1 meeting with students through the Office of Student Outreach and Support. This is also the survey used for group motivational interviewing sessions with student-athletes and Greek Life members. While it is used mostly with these 3 groups, it is also available to all students on the Office of Student Outreach and Support website.

III. STAKEHOLDERS

Certain stakeholders within the University can easily help spread the message of responsibility to the entire student body. Peer Education groups, Parents and Faculty are three groups that WADE partners with to reach the students of SJU.

Peer Education Groups: The most influential people in the lives of college students are their peers. Therefore, we focus on the peer education program as a grassroots effort to get the message of responsible decision making out to the entire student body.

- 1) Wellness Educators: These students are aware of, and trained in, the resources around them and can help their peers when in a precarious situation as well as teach others the information during workshops, events, programs and through simple conversations. This group has been in existence off and on since 2007. They use the wellness wheel as the visual display on the topics they discuss. Each year, the Wellness Educators are educated on a variety of topics relating to alcohol, other drugs and wellness. By learning this information, they are not only able to make more informed decisions for themselves but are also able to educate others around them. The Wellness Educators create their own events, programs, tables and awareness campaigns to reach the student body at SJU.
- 2) The Flock: Allies of Recovery: Not only is this group created as a support for students in recovery, they also educate the campus in a variety of ways. They raise awareness of recovery issues.

Student Leaders: Many students look to the student leaders on campus for guidance and support. WADE offers a variety of trainings and education on resources for student leaders so they can continue to support their peers.

- 1) Resident Assistants (RAs): RAs participate in an intensive, two-week summer training program that addresses various aspects of community building, policy enforcement and available campus resources. The Office of Student Outreach and Support provides education on signs of intoxication, signs of overdose and how to demonstrate concern through a formal presentation and participation in the resource fair.
- 2) Orientation Leaders (Red Shirts): Orientation Leaders receive a variety of training from offices across campus. The Office of Student Outreach and Support provides education on social norms, national and Saint Joseph's University specific data of perception versus reality regarding substance use and how to ensure their messaging is inclusive to non-drinkers.
- 3) Early Arrival Program Leaders: Each year, there are 4 early arrival programs that incoming freshmen can participate in and each year the Office of Student Outreach and Support provides education and training for many of the leaders of those groups. The leaders are upperclassmen that help orient their new freshmen to campus.

Parents: Students often call their parents first in times of trouble. Parents know their students much better than our office does therefore providing them with education and information on resources is one way to reach the student body.

- 1) Website: The Office of Student Outreach and Support includes information on the website (www.sju.edu/wade) for parents such as how to talk to your student, signs of abuse and resources when concerned.
- 2) Orientation Presentation: The Director of Student Outreach & Support presents to parents during freshman Orientation with national and SJU specific statistics about alcohol and drug use, support resources, and information on how to communicate with their students about these issues.
- 3) Orientation Resource Fair: Student Outreach and Support has a table at the Parent Resource Fair during Freshman Orientation to allow parents to take information and ask questions. Student Outreach and Support has offered a variety of informational items including the Pennsylvania Liquor Control Board's Guide for Parents: Conversations about Alcohol brochure and the self-created [Parent's Guide](https://sites.sju.edu/wade/files/2016/07/Guide-for-Parents-Alcohol.pdf). (<https://sites.sju.edu/wade/files/2016/07/Guide-for-Parents-Alcohol.pdf>)

Faculty & Staff: The faculty and staff at SJU interact with students often and can pick up on the signs of alcohol or drug related issues. It is important for the Office of

Student Outreach and Support to guide faculty and staff on how to discuss these issues with students as well as providing information on the resources in the area to direct a student if needed. Also, connecting the social life and the academic life of students can help them to realize a more balanced and productive lifestyle. Therefore, collaborating with faculty and staff on projects and presentations is critically important as well as providing them additional training.

- 1) Faculty - Guest Lecture: Each semester, certain professors have asked the Office of Student Outreach & Support to come into their classroom as a guest lecturer and teach one or more classes about alcohol and other drugs. These classes are a mix of all types of students and are usually classes based around wellness topics. The Office of Student Outreach and Support visited 5 classes reaching 103 students in 2018-2019 and 3 classes reaching ~75 students in 2019-2020.
- 2) Faculty & Staff – Marginalized to Empowered Conference: In 2018, the conference brought 148 faculty and staff, as well as marketing, communications and alumni departments and public safety officers from the region's schools. Free registration was offered to any graduate student who wished to attend. The summer of 2019 Saint Joseph's University opened the Center for Addiction and Recovery Education (CARE). The goals and objectives of the conference align closely with the mission of the center. Future conferences will be facilitated through CARE moving forward.
- 3) Teaching and Learning Forum: In February of 2019, the Office of Student Outreach and support presented to 12 faculty members on Warning Signs and How to Help Students with SUD.

Substance Free Programming

Late Night & Weekends

Within the Office of Student Leadership and Activities, the Student Union Board (Hawk Hill Productions or HHP) provides on and off campus entertainment events and trips. This includes comedians, celebrity Q&As, Hawktoberfest, Big Money Bingo and trips to Center City Philadelphia and New York City. Each month, there are either on-campus entertainment events or an off-campus trip, such as a shuttle to the King of Prussia Mall, the Manayunk Movie Theater or First Friday in Center City Philadelphia.

Hawk Hill Productions provides a variety of campus activities including comedians, spoken word artists, trips to New York City, Washington and Baltimore throughout the year. Hawk Hill Productions continues to end the school year with Hawk-A-Palooza, a six to eight-hour event including free food, inflatables, Battle of the Bands and other featured entertainment. Approximately 450 students cycled through this event in 2019. In 2018-2019 – Hawk Hill Productions provided 37 events with 4,640 students in attendance. 2019-2020 27 events were held (6 were cancelled or rescheduled due to the pandemic) and approximately 3,330 students attended. The majority of HHP

programs are alcohol-free, and all are drug-free. If alcohol is served at any HHP event, students are required to show ID, can select between beer and wine and are provided 2 drink tickets.

The O'Pake Recreation Center is open on Friday and Saturday nights until 12am. Students have full access to basketball courts and the gym. During the week, the O'Pake Recreation Center is open until 10:00 pm. The Perch, a student hang-out space offers a 24/7 hour space for alcohol-free programming, video games, pool, ping-pong and large screen TV's. In addition, there are over 80 active clubs and organizations that sponsor campus activities throughout the year.

Annual Events

The Annual Spring Concert has, for the past four years, been held on a weeknight in April. In 2019, 1,259 tickets were sold. Our Sober Friend program continued to walk fellow students home safely if they were found intoxicated but not needing medical attention. 24 Sober Friends were trained by the Office of Student Outreach and Support. They walked less than 5 students home the night of the concert. Due to low ticket sales and student interest, the Spring Concert has been discontinued.

The Black and White Ball is a formal dinner and dance open to all students that has remained consistent over the last six years. In 2019, 119 students attended the event. Similarly, to the Spring Concert, due to a decline in ticket sales and student interest the Black and White Ball has been discontinued.

Environmental Approaches On and Off-Campus

On-campus Approach

During this review cycle, the University instituted Guidelines for Alcohol Beverage Distribution and Consumption. The guidelines in their entirety are outlined below. These guidelines were most evident at the Men's and Women's basketball games in Hagan Arena where spectators are now able to purchase alcohol.

SJU Guidelines for Alcohol Beverage Distribution and Consumption

Approval from the Vice President for Student Life/Associate Provost must be secured for the distribution and consumption of alcohol at University sponsored events attended by students. The approval form can be found at <https://www.sju.edu/conferenceservices/>.

In addition to Aramark (licensee) policies, the below guidelines apply to such events. The VPSL/designee may require additional guidelines (including, but not limited to: event times, drink limits, type of alcohol, security presence, etc...) and/or otherwise amend what is included below, given the nature of the event and/or request.

- Event sponsors must ensure that requests for alcoholic beverages have been made within the timelines published in the *Facility Usage Policy*.
- Event sponsors must remain in attendance for the duration of the event.
- Possession and consumption of alcoholic beverages is only permitted within the approved area designated for the event. No persons shall be permitted to exit this area with an alcoholic beverage. The area must include adequate signage indicating such boundaries.
- Event attendees shall be clearly identified (via wristband, stamp, marker, etc...) as to whether they are permitted or not permitted to drink alcoholic beverages.
- Non-alcoholic beverages must be available and must be featured as prominently as the alcoholic beverages throughout the event.
- Food items must be available throughout the event.
- No person shall sell, give, or otherwise make available any alcoholic beverage to a person who is visibly intoxicated.
- Drinking games are not permitted (i.e. beer pong, flip cup, etc...).
- All other University policies relating to alcohol shall also apply, including but not limited to, the student *Alcohol Policy* and the *Human Resources Drug & Alcohol Policy* (https://sites.sju.edu/humanresources/files/2018/01/Drug-_Alcohol-Policy.pdf).

Off-campus Approach

The University works closely with Philadelphia Police 5th and 19th Districts, Lower Merion Police, and the Pennsylvania State Police Liquor Control & Enforcement Unit regarding nuisance bars and houses.

The Office of Government and Community Relations manages relationships with our immediate neighborhoods of Wynnefield and Overbrook within the City of Philadelphia and Lower Merion and Bala Cynwyd within Montgomery County. Neighbors are encouraged to report any concerning behaviors of our students within the community to the Office of Public Safety and Security or the Office of Government and Community Relations. These reports are reviewed and addressed by the Office of Community Standards.

Support Services

A variety of support services are available for University employees and students with substance abuse problems, including the following: the Office of Human Resources, the Employee Assistance Program, the Student Health Center, the Office of Campus Ministry, Counseling and Psychological Services, and Student Outreach and Support.

Employee Support Services

The University's Office of Human Resources, through its Employee Assistance Program, helps and refers to employees with substance use disorder issues. In conjunction with, or as an alternative to disciplinary action, the Office of Human Resources may offer or mandate referrals to the Employee Assistance Program (EAP) Our EAP also assists

employees in finding solutions to many topics under the following headings: Emotional Wellbeing, Family Life, Healthy Living, Leadership Skills, and Legal & Financial. Employees can also avail themselves to the EAP directly and confidentially. More information is located on the [Human Resource website](https://sites.sju.edu/humanresources/be-well/wellness-initiatives/):
(<https://sites.sju.edu/humanresources/be-well/wellness-initiatives/>)

Student Support Services

The University makes available to all full-time students a counseling office staffed by professionally trained personnel. The Office of Counseling & Psychological Services (CAPS) consists of a staff of licensed Psychologists, one with a substance abuse focus, as well as a part time Psychiatrist. The University strongly encourages its students to take advantage of these services.

Students are invited to discuss their concerns with substance use with staff members of Student Outreach and Support. Staff members can conduct brief assessments and can refer to additional resources as needed. Additionally, staff members in Campus Ministry are available to listen and talk with students about spiritual questions and the concerns of life as a college student.

Assessment and Evaluation

Assessment is critical to truly understanding the impact of efforts on campus. Individual program evaluations and/or pre-post tests have taken place throughout the year after almost every workshop or program hosted by the Office of Student Outreach and Support.

The following larger surveys relating to alcohol/drugs were implemented during this review period:

- Everfi Inc. – AlcoholEDU and Prescription Drug Abuse Prevention, Fall 2018 and Fall 2019
- Electronic Check-Up-To-Go Alcohol, Fall 2018 (student-athletes) and Spring 2020 (Greek Life) (supplemental substance use questions were included in this survey)

The results of these program specific and larger surveys can be obtained by emailing sos@sju.edu.

The Advisory Council on Alcohol, Drugs and Student Health evaluates the University-wide prevention efforts and assists the Vice President for Student Life/ Associate Provost by making recommendations concerning assessment. The status of past goals and recommendations of the Advisory Council are listed below.

Goals & Achievements

The following Goals were identified during the 2016 - 2018 Review period:

1. Build an institutionalized commitment to address SJU's alcohol culture by sharing a strong message from SJU's President that high risk alcohol use and drug use negatively impacts academics as well as the health of the student body and is not acceptable at SJU.

Status: On-going

Summary of Progress: The Advisory Council on Alcohol, Drugs and Student Health provided suggested language for university officials to use in communicating expectations to students. This language is used in communication for all first year students as part of the EverFi Alcohol Edu Course, which has received high rates of completion (97%-100%) in this review period. Additionally, there has been high support from senior leadership, including SJUs President, in supplementing support for students in recovery from Substance Use Disorder on campus. One example is identified funding and staffing for development of a Collegiate Recovery program and Recovery Housing on campus to open in Spring, 2021.

2. Review the possibility of requiring all undecided business majors to take a service learning course given the data showing the higher rates and risk related to alcohol use for undecided business students at SJU as well as the data showing community service lowers risk of alcohol use.

Status: On-going

Summary of Progress: This goal has not yet been fully accomplished, however it will remain a focus of the Advisory Council on Alcohol, Drugs and Student health for the next review period. Changes to curriculum take time and faculty involvement through the Advisory Council will be key in making progress toward this goal.

3. Infuse wellness, alcohol and drug education into all First Year Seminar curriculums.

Status: On-going

Summary of Progress: This goal has not yet been fully accomplished, however it will remain a focus of the Advisory Council on Alcohol, Drugs and Student health for the next review period. Changes to curriculum take time and faculty involvement through the Advisory Council will be key in making progress toward this goal.

4. Review possibility of adjustments to the academic calendar and scheduling to reinforce the importance of academics over drinking.

Status: On-going

Summary of Progress: This goal was impacted by a number of factors, including necessary adjustments to the University calendar as a result of COVID-19 planning. The goal will be revisited.

5. Encourage influential members of our campus community to join the Advisory Council with a special focus on faculty and high level administrators.

Status: On-going

Summary of Progress: The Advisory Council has been expanded in a number of ways. Committed faculty members remain essential to the function of the council. Additionally, the Inaugural Director of the University's Center on Addiction and Recovery Education joined in 2019.

6. Create an early arrival program for students in recovery and abstaining students who want to make friends without alcohol/drugs.

Status: Revised

Summary of Progress: This goal was partially achieved in that the framework for this program was established in collaboration with the Office of Student Success, which houses first year experience and many early arrival programs. The program has been intentionally placed on hold, as the University works to develop a comprehensive Collegiate Recovery Program. The early arrival program may become an element of the CRC.

7. Focus on recruitment, training and retention of peer education groups within the Health and Wellness Coalition (HAWC) to provide a wider reach of wellness education for the campus community.

Status: On-going

Summary of Progress: Student engagement is a priority in substance use education. Recruitment of students to peer education groups such as the Wellness Educators and the FLOCK: Allies of Recovery, began early through identification of interest at new student orientation and through the on-line alcohol education courses for new students. In 2019, 40 first year students indicated interest in peer education groups and recovery support. However, a smaller number of students engaged with the programs and committed to joining these organizations. Student members of these organizations have focused on redefining their missions and goals during the 2019-2020 academic year. We have seen an increase in first year student interest in the wellness educator student organization. However, we have seen a decrease in active members of The Flock: Allies of Recovery, with 2-4 active students over the review period. This remains an ongoing goal.

Goals for the 2020-2022 review period can be found below, in the Recommendations section of this document.

Achievements:

- The Office of Student Outreach & Support was awarded the Pennsylvania Liquor Control Board Reducing Underage and Dangerous Drinking Grant in the amount of \$23,518 for the 2020-2022 Cycle.
- The Office of Student Outreach & Support was awarded a 2019 SAMHSA grant of \$750 to implement Communities Talk: Town Hall Meetings to Prevent Underage Drinking
- In 2020 the Division of Student Life received a gift from an SJU donor to fund two staff positions dedicated to supporting students in recovery from Substance Use Disorder as well as programmatic funds to support recovery focused programs. Through this gift, Student Life will partner with the Center for Addiction and Recovery Education to develop a comprehensive Collegiate Recovery Program and on-campus Recovery Housing.

Summary of Strengths and Weaknesses

Program strengths include:

1. Data-Driven: The University's Advisory Council on Alcohol, Drugs, and Student Health is data-driven and focused on analyzing data, collecting more data, and increasing response rates to surveyed research to continue to make recommendations to the University.

2. Evidence Based Practices: The Office of Student Outreach and Support conducts evidence-based practices through the use of the evidence based BASICS program with individual students, as well as personalized normative feedback sessions created for small groups including Athletes and Greek Life students. Since 2013, both groups of students have shown a decrease in high risk behavior associated with alcohol. These workshops use best practices to educate and inform students and continue to collect data on student behavior while being enhanced each year to address trends.
3. Collaboration: The Office of Student Outreach and Support Program engages in strong collaboration with experts in other areas within Student Life and outside of the division in order to best support our students. One prime example is the many faculty/staff who volunteer to undergo training and present an hour educational session to incoming students as part of the summer Orientation Program. The Office of Student Outreach and Support also collaborates around educational events and support for students with various community organizations and providers. In 2019 Saint Joseph's University formed the Center for Addiction and Recovery Education (CARE) to address one of the nation's most pressing issues and confront the stigma of substance use disorder through a strategic four-part mission: educate healthcare providers and the community, conduct interdisciplinary research on addiction issues, advocate for effective public policy, and activate community engagement.
4. Financially Resourceful: The Office of Student Outreach and Support has concluded one state grant and was awarded another during the last review period to improve and enhance the work of the department around substance use prevention education. The office continues to search for cost-effective ways to bring evidence-based practices to SJU.

Program weaknesses include:

1. Efforts have been made to enhance the institutionalized commitment from all University community members around alcohol and drug prevention issues yet there is still room for growth.
 - a. Faculty Involvement: Although some faculty are involved with the Office of Student Outreach and Support and collaborate on educational programs or projects, ideally SJU would like to see more faculty involvement in this issue. Particularly with the Advisory Council on Alcohol Drugs and Student Health, as this is a clear way to utilize their skills and expertise in a way that directly impacts the campus.
 - b. Unaffiliated Students: The majority of students at Saint Joseph's University are involved in a variety of curricular and co-curricular activities within the campus community. Unaffiliated students are those who attend classes, but otherwise, have no formal involvement outside the classroom. Due to their lack of engagement and connection, these students are often at higher risk for substance use issues. This continues to be a demographic of students that is difficult to assess and reach in regards to prevention efforts.

Recommendations

Below are the prioritized final goals and recommendations of the Office of Student Outreach and Support, various University stakeholders and the 2018-2020 Advisory Council:

1. Increase support for students in recovery from Substance Use Disorder by developing and implementing a comprehensive Collegiate Recovery Program, including on campus Recovery Housing.
2. Increase knowledge around substance use behavior of student groups for which data has not been routinely collected, including sophomore students. Evaluation tools and methods, such as classroom surveys, will be developed to focus on under surveyed student populations.
3. Further promote understanding of students' substance use behavior by providing appropriate constituents with an executive summary related to high-risk behaviors.
4. Continue to engage faculty and high-level administrators around alcohol, drug and student health issues by facilitating a second campus-wide Alcohol Summit to discuss campus wide substance use trends, prevention education, and services for students in recovery from substance use disorder.
5. Complete a comprehensive review of SJU's Help Seeker Policy Statement to better understand student awareness as well as the impact on student help seeking behavior.

Conclusion

Saint Joseph's University, in compliance with the Drug Free Schools and Communities Act, certifies that it has adopted and implemented a comprehensive program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees both on the University premises and as part of any of its activities. Disciplinary sanctions as a result of violations to the Saint Joseph's University Drug and Alcohol policies have been consistently enforced. Saint Joseph's University has implemented a comprehensive substance abuse prevention and intervention program including a wide range of support services and educational opportunities for students and employees. The University will continue to improve and enhance its outreach to the campus community around alcohol and other drug issues to increase knowledge and awareness of substance abuse issues and reduce the harm related to the negative secondary effects.