My Health, My Care: 24/7 Access to VA
5 Reasons You Should Be Using My HealtheVet

1. Be empowered to control your health
You can check your health records 24/7, update the current status of your personal health records, and refill your VA prescriptions, all on our award-winning, easy to use website.

2. Avoid duplicate tests and procedures
You can share results from previous diagnostic tests and procedures with your non-VA providers, as well as update your medical record prior to each visit.

3. Move easily from doctor to doctor
You are armed with information that eases the transition from VA providers to non-VA providers.

4. Improve the efficiency and safety of your health care
Updated, accurate health records save patients and caregivers valuable time, help prevent unwanted drug interactions and help inform you of your diagnoses and treatments.

5. Get personalized VA appointment & wellness reminders
Online access enables you to view past and future VA appointments, see a personalized calendar, and receive online VA appointment and wellness reminders to put your health in your hands.

www.myhealth.va.gov
LOG ON. SIGN UP. TODAY!
How To:

- **Login** – Go to [www.myhealth.va.gov](http://www.myhealth.va.gov)
  Click on “My HealtheVet enter here” then log your User ID and Password

- **Send a Message to Your Physician or a Clinic** – Click on “Secure Messaging” and select “New Message” to compose a message to your Health Care Team

- **Refill Prescriptions** – Click on “Pharmacy” then click on “Refill My Prescriptions”

- **View Your Appointments** – Click on “Get Care” then click on “View Appointments”

- **View Your Lab Results or Vitals** – Click on “Track Health” then click on “Labs & Test” then select “VA Chemistry/Hematology”

- **Blue Button** – For Personal Health Record, Doctor’s Notes, Extensive Lab Results, Radiology and Pathology Reports

For additional assistance with the My HealtheVet Site or your account, please contact:

**National My HealtheVet Help Desk 24 hours/7 days a week at 1-877-327-0022**
Why register for My Health eVet?

**Basic My Health eVet account features:**
- Self entered health information
- Food & activity journals
- Medical and drug libraries
- VA prescription refills

**Upgraded My Health eVet account includes all of the above features PLUS:**
- VA Wellness Reminders
- Allergies & Adverse reactions
- VA Appointments
- VA Chemistry & Hematology Lab results
- Secure Messaging with your health care team
- Priority access to new features

My Health eVet

For more information contact:
www.myhealth.va.gov

My Health eVet

In 3 Easy Steps

PHILADELPHIA VA MEDICAL CENTER
Serving those who served.

3900 Woodland Avenue
Philadelphia, PA 19104
1 (800) 949-1001
www.philadelphia.va.gov
www.va.gov

Online access to your health information
**Step 1**

Register for a Basic MyHealtheVet account:

- Go to [www.myhealth.va.gov](http://www.myhealth.va.gov)
- Click on Register Today!
- Complete the registration page making sure:
  - Your first, middle and last name is entered exactly as it appears on your VA record.
  - You indicate that you are a VA patient by checking the box next to VA Patient.

**Step 2**

Upgrade your MyHealtheVet account by completing In-Person Authentication (IPA)

- Complete an IPA form (Form 10-5345a)
  - Forms are available on the MyHealtheVet site, all CBOC's, the Medical Library, and the Primary Care Clinics at the Medical Center.
- Turn in your completed IPA form to VA staff at any of the following:
  - Philadelphia VA Medical Center Library
  - Primary Care Clinics
  - Willow Grove, Camden, Ft. Dix and Gloucester Outpatient Clinics
  - MyHealtheVet Coordinator

  *You will be required to show your VIC or other valid, government-issued photo ID when turning in your IPA form.

**Step 3**

Opt-in to use MyHealtheVet Secure Messaging:

- Log in to your MyHealtheVet account
- Click on the Secure Messaging tab
- Agree to the Terms & Conditions

That's It!