

Saint Joseph's University

Student Health Center

5600 City Ave- Sourin Hall
Philadelphia, PA 19131-1395
610-660-1175/ FAX 610-660-3378

Allergy Injection Policy and Procedure

Saint Joseph's University's Student Health Center offers an allergy injection service for students receiving immunotherapy ordered by their private allergist. Registered nurses are available to administer injections, coordinate with the clinic and consult with your allergist as indicated. The Student Health Center offers refrigeration and storage of allergy serum as a convenience for our students but assumes no responsibilities for them.

Allergy injection students must be currently under the care of an allergist. A minimum annual visit to your private allergist is required. If you are just starting allergy injections, you must receive the first one from your allergist.

To utilize this service, please follow the steps below. If you have questions, please call 610-660-1175 to speak with a nurse.

- 1) Before coming to school be sure you have the following from your allergist:

Current vials, clearly labeled with name, contents, strength and expiration date of each extract.

- 2) The student is responsible for providing current instructions, schedules, and allergy extracts to the Health Center. Instructions must include adjustments due to lateness. **Students are responsible for contacting allergist for clarification if late for an injection, and have written orders faxed to the Health Center.** Students are also responsible for adhering to their schedule. Except in cases of illness, please make every attempt to come for the regularly scheduled injections for the best possible results of your treatment.
- 3) Allergy injections are given **Tuesday, Wednesday and Thursday from 8:30- 3:30.** Injections will only be given if there are two staff members present. If the allergist requires a physician present please call the health center for the doctor's hours.
- 4) A minimum wait of 20 minutes in the Health Center is MANDATORY due to the possibility of a serious reaction. All students must remain in the waiting room until the injection sites are checked by a nurse. There are no exceptions.
- 5) Notify the nurse/ staff during your waiting period if you experience any of the following symptoms: wheezing, shortness of breath, coughing, generalized itchiness, hives, facial swelling, flushing, dizziness, nasal congestion or sneezing.

- 6) You will be notified when the allergy extract is low or about to expire. It is your responsibility to reorder and obtain replacement allergy extract. Allergy extracts should be mailed to the Student Health Center via UPS or Fed Ex.
- 7) You are responsible for informing the health center staff of any changes in address, phone number, health conditions, or allergy information.
- 8) Students are responsible for picking up their vials at the end of each semester/ school year. The health center will **not** mail the vials. Vials left unused at the Health Center will be discarded after the expiration date.
- 9) Delayed reactions are possible. Persistent or severe symptoms require immediate medical attention by calling 911 and the Office of Public Safety at 610-660-1111. For mild symptoms, take an antihistamine as advised by your allergist (Allegra, Benadryl, Claritin, or Zyrtec). Report any delayed reaction to the nurse **before** receiving any additional injections.
- 10) It is recommended to wait 48 hours before and after allergy injections before receiving any other type of immunizations, such as the Flu vaccine.
- 11) Avoid vigorous exercise (jogging, gym workouts, etc.) at least one hour, preferably two, before and after injections.

I have read and understand all of the above.

Student's Signature _____ **Date** _____

To the Allergist:

I am aware and agree to the above allergy injection policy for my patient,

Physician's Signature _____ **Date** _____