“Running Start provided me with a home that I didn’t have coming into a new space. The program gave me the tools that I needed to be a leader on campus, a connection with others, and the ability to support other underrepresented communities.”

K.C
Running Start 2016

"The friends I made during my Running Start Program were the same group of students that I sat with at the Senior Sendoff"

Rae
SJU Alumni, Class of 2016

GET IN TOUCH
Running Start Program

Natalie Walker Brown,
Director

Inclusion and Diversity
Educational Achievement

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RUNNING START: AN EARLY ARRIVAL+ PROGRAM

TUESDAY, AUG. 18 - FRIDAY, AUG. 21

PROGRAM COST: $75
(LIMITED SCHOLARSHIPS AVAILABLE)

TO APPLY, VISIT: SJU.EDU/RUNNINGSTART/
WHAT IS RUNNING START?

Offered by the Office of Inclusion and Diversity Educational Achievement, Running Start is an early arrival program that begins with a four-day “pre-orientation” and continues throughout the year to support diverse first year students. In keeping with the university’s commitment to inclusion and diversity, the program enhances students’ sense of belonging and prepares them for success.

Are you ....a student of color?
or ...first in your family to attend a four year college?
or ...a student with economic need?
or ...committed to diversity and inclusion?

Do you want to ...move in early?
and ...network and build early friendships?
and meet other diverse incoming students?
and connect with important resources on campus?

FOUR DAY PROGRAM

Students attend a series of sessions and workshops that prepare them for the college experience. These topics include time management, note taking, classroom strategies with a faculty panel, career development, how to navigate SJU as an underrepresented student and tap into resources to assist with academic, social and personal success. In addition there are fun outings and teambuilding activities that allow students to establish friendships that provide support through the first year and beyond.

DURING THE FIRST YEAR

Academic Monitoring/Referrals from IDEA Director
Running Start Ambassador /Mentor
Monthly Success Workshops (advising, help seeking, networking, etc)
Weekly Updates (SJU deadlines, upcoming events, scholarship/internships/engagement opportunities)
CID Retreat (discounted registration)
...and more!