



**Sunday Suppers**

<b>Address</b>	Memphis Street Academy Charter School 2950 Memphis Street Philadelphia, PA 19134
<b>Supervisor</b>	Hope Levin
<b>Phone</b>	215-203-6364
<b>Email</b>	hope@sundaysuppersphilly.org
<b>Transportation</b>	Approximate Travel Time by Car: 30 Minutes
<b>Clearances Required</b>	FBI Fingerprints, Criminal Records, Child Abuse, Minors on Campus

**Description of Agency:** Sunday Suppers seeks to strengthen the health and well-being of families through the transformative power of family meals. During a family-focused weekly 9-month program combining shared family meals, family bonding, peer support and practical skills, Sunday Suppers helps families set personalized goals and supports gradual, lasting behavior change. Building on the strengths and knowledge of our families each session begins with a hands-on workshop focused on cooking, exercise, health, or other relevant topics, followed by a meal cooked and served in ways that make sense for the family’s budgets, are accessible, healthy and delicious. In addition to the workshops, meals and support, families also receive weekly bags of groceries that have everything they need to cook a nutritious meal at home for their family and kitchen assessments which provide all the supplies they need to have a working, functional kitchen to prepare home-cooked meals. Sunday Suppers serves approximately 50 people, 15 families, per program cycle. Over the course of the 9-month program, a larger family-like community is formed through the creation of an environment based on trust, support and communication, in addition to improvements in these areas on a family level.

**Student Role in Agency:** Service Learning students will help set dining room tables, help in the kitchen with food preparation, serve dinner to families, bus tables, wash dishes, clean the dining and kitchen areas and help with workshops and children’s activities. Students will get to know our families and get to work with them directly over the nine-month program establishing bonds with them and helping them succeed in reaching their goals.

**Orientation and Requirements:** SJU and Sunday Suppers policies require 4 clearances to volunteer at this placement: Criminal Background, Child Abuse History, FBI Fingerprinting and Minors on Campus Training Video. More information on how to complete these clearances is available at [www.sju.edu/servicelearningstudents](http://www.sju.edu/servicelearningstudents) and at Placement Awareness Training.

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