What Makes us Different

The Coaching Leader Program is a collaboration between GroupWorks Consulting, LLC and Saint Joseph’s University. As a University-based program, our faculty are scholar-practitioners and professional coaches with years of experience developing and curating research-based practices and teaching executives and students. In addition, our program fulfills the ICF ACC portfolio requirements and qualifies for 12 CEUs through the University’s IACET accreditation.

The Multi-Modal Approach to Coaching Leadership

Our program framework covers the International Coaching Federation (ICF) Core Competencies from a multi-modal perspective. We step beyond the fundamentals of coaching by providing you with diverse models and techniques so that you can be a more agile coach, able thrive in a wide variety of situations and with different clients. Recent research indicates that effective coaching, from both the client’s and the coach’s perspective, is highly situational and involves three intersecting elements: task agreement, goal agreement, and the affective bond between coach and coachee.¹

Most programs focus on the affective bond with the coachee – our program is unique because we will be focusing equally on all elements that make a significant difference in your coaching competence.
**Is this the Right Program for You?**

Program goals are developed for three populations: leaders and managers who want to hone their coaching skills in the workplace, practicing coaches who want to deepen their skills and gain certifications, and those new to coaching who are looking to begin to practice executive coaching. We aim to foster a culture of coaching that values partnering with clients in a thought-provoking and creative process, inspiring them to enhance their personal and professional potential. We train coaches to successfully navigate the business, non-profit, and healthcare sectors.

The **International Coach Federation** (ICF) defines coaching as partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential.

For many coaching is a life-changing experience that dramatically improves their outlook on work ad life while improving leadership skills. Coaching helps people tap into their potential, unlocking sources of creativity and productivity. Individuals who partner with coaches have reported several benefits, including improved:

- **Self-confidence** 80%
- **Relationships** 73%
- **Communication Skills** 72%
- **Work Performance** 70%

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For more information, contact: Marie Stevenson  
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**Class will be held on campus at Saint Joseph’s University Executive Business Center.**

- **Session 1**: October 4 - 6, 2019 (All day Friday, Saturday & Sunday)
- **Session 2**: November 8 -10, 2019 (All day Friday, Saturday & Sunday)
- **Session 3**: February 20-23, 2020 (All day Thursday- Sunday)

Program cost: $9750. SJU students and alumni receive a $250 discount

To learn more, please visit: [www.sju.edu/CPD](http://www.sju.edu/CPD)

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1 de Haan, Erik; Grant, Anthony M.; Burger, Yvonne; Eriksson, Per-Olof (2016) A large-scale study of executive and workplace coaching: The relative contributions of relationship, personality match, and self-efficacy. Consulting Psychology Journal: Practice and Research Vol 68(3), Sep 2016, a189-207.)